| Philadelphia University | | Approval date: 20/10/2022 |
|-------------------------------------|---|----------------------------------|
| Faculty: Allied Medical Sciences | PHILADELPHIA UNIVERSITY THE WAY TO THE FUTURE | |
| Department: Physical Therapy | · · · · · · · · · · · · · · · · · · · | Credit hours: 2 |
| Academic year 2022/2023 | Course Syllabus | Bachelor |

Course information

| Course# | Course title | | | Co/P | re-requisite |
|--|------------------------|-------------------------|-----------|-------|-------------------|
| 1120223 | Electrophysical Agents | | | | 20122 + 211109 |
| Course type | | | Class t | ime | Room # |
| ☐ University Requirement ☐ Faculty Requirement | | | Mon - V | Wed | 9315 |
| ⊠ Major Requ | irement | ☐ Elective ☐ Compulsory | 11.15 – 1 | 12.15 | |

Instructor Information

| Name | Office No. | Phone No. | Office Hours | E-mail |
|-----------------------|---------------|--------------|---|------------------------------|
| Prof. Fuad Abdulla | 0915307 | 2326 | Sunday: 9.30 – 11.00 Monday: 8.15 – 9.45 Tuesday: 12.30 – 2.00 Wednesday: 9.30 – 11.00 | fabdulla@philadelphia.edu.jo |

Course Delivery Method

| Course Delivery Method | | | | | |
|-------------------------------|--|--|--|--|--|
| ☑ Physical ☐ Online ☐ Blended | | | | | |
| Learning Model | | | | | |
| Precentage | Precentage Synchronous Asynchronous Physical | | | | |
| %100 | | | | | |

Course Description

This course acquaints students with the principles of electrophysical agents and hydrotherapy in the field of rehabilitation. For each modality studied the followings will be discussed: physiological and therapeutic effects, indications, contraindications, precautions, and safety issues. Moreover, methods of applications of each modality will be discussed emphasizing clinical skills, and treatment planning based on patient/ client condition.

Course Learning Outcomes

| | Number | Outcomes | Corresponding Program outcomes | |
|---|--------------|---|--------------------------------------|--|
| | | Knowledge | | |
| 1 | K1 | Describe different types of electrophysical agents and their characteristics. | Kp2 | |
| 2 | К2 | Recognize the basic principles, indications, contraindications, precautions, methods of applications and safety issues of different types of therapeutic exercises. | Кр2 | |
| 3 | К3 | Justify the selection of types of electrophysical agents based on patient/ client condition and the treatment area. | Кр1 | |
| 4 | K4 | Explain the principles of tissue impedance and the impact on current flow. | Kp2 | |
| | | Skills | | |
| 5 | S1 | Apply different electrotherapy and hydrotherapy modalities in accordance with standard guidelines and safety precautions. | Sp2 | |
| | S2 | Demonstrate evidence-based practice to support treatment interventions using electrophysical and thermal agents. | Sp2 | |
| | Competencies | | | |
| 7 | C1 | Design a treatment plan for a patient/ client using electrophysical agents based on to assessment outcomes. | Ср1 | |

Learning Resources

| Course textbook | Watson T. and Nussbaum E.L. (2021) Electrophysical Agents: Evidence-based Practice. 13th edition. Elsevier. | |
|-----------------------|--|--|
| Supporting References | Robertson V., Ward A., Low J.L. and Reed A. Electrotherapy Explained principles and practice. 4 th edition. Butterworth-Heinemann | |
| Supporting websites | American Physical Therapy Association APTA | |
| Teaching Environment | ⊠Classroom □ laboratory ⊠Learning platform □Other | |

Meetings and subjects timetable

| Week | Topic | Learning Methods | Learning Material |
|------|--|---------------------------|----------------------|
| 1 | Introduction to Electrophysical Agents | Lecture Discussion | Chapter 1 |
| 2 | Heat modalities | Lecture Discussion | Chapter 5 and 6 |
| 3 | Heat modalities | Lecture Case Scenarios | Chapter 7 and 8 |
| 4 | Quize-1 | | Chapter 3 |

| | Paraffin wax | Lecture | |
|----|---|---------------------------|------------------------|
| 5 | Hydrotherapy | Lecture Case Scenarios | Reading |
| 6 | Ultrasound | Lecture Case Scenarios | Chapter 9 |
| 7 | Laser Therapy | Lecture | Chapter 10 |
| 8 | Midterm Exam Revision | Lecture Case Scenarios | Chapter 6 |
| 9 | Traction | Lecture Discussion | Reading |
| 10 | Shock waves | Lecture Discussion | Chapter 13 |
| 11 | Electrical stimulation therapy | Lecture Case Scenarios | Chapter 15and 16 |
| 12 | Electrical stimulation therapy | Lecture | Chapter 17 and 18 |
| 13 | Quiz-2 Electrical stimulation therapy | Lecture Case Scenarios | Chapter 19 |
| 14 | Low frequency pulsed electromagnetic fields | Lecture Case Scenarios | Chapter 12 |
| 15 | Microwave diathermy Ultraviolet irradiation | Lecture Case Scenarios | Chapter 11 and Reading |
| 16 | Final Examination | | |

^{*} includes: Lecture, flipped Class, project- based learning, problem solving based learning, collaborative learning

Course Contributing to Learner Skill Development

| Using Technology | | |
|---|--|--|
| Students will be introduced to navigating and reading professional websites. | | |
| Communication skills | | |
| Students will be introduced to communicate with patient/client regarding | | |
| assessment outcomes and therapeutic program | | |
| Application of concepts learnt | | |
| Students will be introduced to interpretation and integration of finding from | | |
| multiple sources | | |

Assessment Methods and Grade Distribution

| Assessment Methods | Grade Weight | Assessment Time (Week No.) | Link to Course Outcomes |
|-----------------------|-----------------|-------------------------------|----------------------------|
| Mid Term Exam | 30% | 8 th week | K1, K2, K3, K4 |
| Various Assessments * | 30% | Overall course duration | S1, S2, C1 |
| Final Exam | % 40 | 16 th week | K1, K2, K3, K4, |
| | | | S1, S2 and C1 |

| Total | %100 | |
|-------|------|--|

^{*} includes: quiz, in class and out of class assignment, presentations, reports, videotaped assignment, group or individual projects.

Alignment of Course Outcomes with Learning and Assessment Methods

| Number | Learning Outcomes | Learning Method* | Assessment Method** | | | |
|--------|---|-------------------------------------|-------------------------------------|--|--|--|
| | Knowledge | | | | | |
| K1 | Describe different types of electrophysical agents and their characteristics. | Lecture, case scenarios | Exam and quizzes | | | |
| К2 | Recognize the basic principles, indications, contraindications, precautions, methods of applications and safety issues of different types of therapeutic exercises. | Lecture, case scenarios | Exam and quizzes | | | |
| К3 | Justify the selection of types of electrophysical agents based on patient/client condition and the treatment area. | Lecture, Discussion, case scenarios | Exam and quizzes | | | |
| K4 | Explain the principles of tissue impedance and the impact on current flow. | Lecture, Discussion, case scenarios | Exam and quizzes | | | |
| | Skills | | | | | |
| S1 | Apply different electrotherapy and hydrotherapy modalities in accordance with standard guidelines and safety precautions. | Lecture, case scenarios | Exam, quizzes, and assignment | | | |
| S2 | Demonstrate evidence-based practice to support treatment interventions using electrophysical and thermal agents. | Lecture, case scenarios | Exam, quizzes, and assignment | | | |
| | Competencies | | | | | |
| C1 | Design a treatment plan for a patient/ client using electrophysical agents based on to assessment outcomes. | Lecture, case scenarios | Exam, quizzes, and assignment | | | |

^{*} includes: Lecture, flipped Class, project- based learning, problem solving based learning, collaborative learning

Assignment

Each student will select one of the electrophysical agents discussed in the course and write a 500-word paper about the clinical uses of the selected electrophysical agent. **Assignment is due January 03, 2023.**

Course Polices

| Policy | Policy Requirements | |
|---------------|---|--|
| Passing Grade | The minimum passing grade for the course is (50%) and the minimum | |
| | final mark recorded on transcript is (35%). | |

^{**} includes: quiz, in class and out of class assignment, presentations, reports, videotaped assignment, group or individual projects.

| | Missing an exam without a valid excuse will result in a zero grade | | | | | |
|------------|--|--|--|--|--|--|
| | to be assigned to the exam or assessment. | | | | | |
| Missing | • A Student who misses an exam or scheduled assessment, for | | | | | |
| Exams | legitimate reason, must submit an official written excuse within a | | | | | |
| | week from the exam or assessment due date. | | | | | |
| | • A student who has an excuse for missing a final exam should submit | | | | | |
| | the excuse to the dean within three days of the missed exam date. | | | | | |
| Attendance | The student is not allowed to be absent more than (15%) of the total hours | | | | | |
| | prescribed for the course, which equates to 4.5 hours of lectures days (Sun, | | | | | |
| | Tus). If the student misses more than (15%) of the total hours prescribed | | | | | |
| | for the course without a satisfactory excuse accepted by the dean of the | | | | | |
| | faculty, she/he will be prohibited from taking the final exam and the grade | | | | | |
| | in that course is considered (zero), but if the absence is due to illness or a | | | | | |
| | compulsive excuse accepted by the dean of the college, then withdrawal | | | | | |
| | grade will be recorded. | | | | | |
| Academic | Philadelphia University pays special attention to the issue of academic | | | | | |
| Honesty | integrity, and the penalties stipulated in the university's instructions are | | | | | |
| | applied to those who are proven to have committed an act that violates | | | | | |
| | academic integrity, such as: cheating, plagiarism (academic theft), | | | | | |
| | collusion, and violating intellectual property rights. | | | | | |

Program Learning Outcomes to be assessed in this Course

| Number | Learning Outcome | Course Title | Assessment Method | Target Performance level |
|--------|--|---------------------------|----------------------------------|---|
| Kp1 | The program will graduate students able recoginze the role of physiotherapy in the context of the health needs of the coummunity and national priorities in the health sector | Electrophysical Agents | Exams, Quizzes | 75% of students will get 60% or more of the total score |
| Кр2 | The program will graduate students able to acquire knowledge in basic medical sciences, various medical conditions, and surgical treatments, and determine their impact on the individual and society. | Electrophysical Agents | Exams, Quizzes | 75% of students will get 60% or more of the total score |
| Sp2 | The program will graduate students able to perform a safe, systematic, and appropriate assessment and intervention for different physiotherapy circumstances. | Electrophysical Agents | Exams, Quizzes, Assignment | 75% of students will get 60% or more of the total score |
| Ср1 | The program will implement clinical reasoning, reflection, decision-making, and skillful application of physiotherapy | Electrophysical Agents | Exams, Quizzes, Assignment | 75% of students will get 60% or more of the total score |

| techniques to deliver optimum physiotherapy management | | |
|--|--|--|
| | | |

Description of Program Learning Outcome Assessment Method

| Number | Detailed Description of Assessment | |
|--------|---|--|
| Kp1 | Short exams will be done on 1st year by clinical practice | |
| Kp2 | Short exams will be done on 1st year by clinical practice | |
| Sp1 | Short exams will be done on 1st year by clinical practice | |
| Cp1 | Short exams will be done on 1st year by clinical practice | |